

## *Recommended Reading*

### **Confidence:**

- *Be Heard Now!* By Lee Glickstein
- *Daring Greatly* By Brene Brown
- *Feel the Fear and do it Anyway* By Susan Jeffers
- *The Second Circle* By Patsy Rodenburg

### **Message:**

- *Start with Why* By Simon Sinek
- *Made to Stick* by Chip and Dan Heath
- *TED Talks: The Official TED Guide to Public Speaking* By Chris Anderson
- *A Whole New Mind* By Daniel Pink
- *The Influential Mind* By Tali Sharot

### **Storytelling:**

- *Long Story Short* By Margot Leitman
- *Born a Crime* By Trevor Noah (audible version recommended)
- *The Moth presents Occasional Magic* Edited by Catherine Burns
- *The Message of You* By Judy Carter

### **Voice:**

- *The Vocal Advantage* By Jeffrey Jacobi
- *Freeing the Natural Voice* By Kristin Linklater
- *Speak to Influence* By Susan Berkley

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### **Body:**

- *Presence: Bringing your Boldest Self to your biggest Challenges* By Amy Cuddy
- *What Every Body is Saying* By Joe Navarro
- *The Charisma Factor* By Robert Richardson & S. Katharine Thayer
- *The Lucid Body: A Guide for the Physical Actor* By Fay Simpson

### **Thinking on your Feet:**

- *Improv Wisdom: Don't Prepare, just show up* By Patricia Ryan Madson
- *Trusting the Moment* By Jeannie Lindheim

### **PowerPoint:**

- *Presentation Zen* By Garr Reynolds

### **Leadership:**

- *Change your Questions, Change your Life* By Marilee Adams
- *Move to Greatness* By Ginny Whitelaw

## *Recommended TED talks*

### **Simon Sinek, How Great Leaders Inspire Action:**

[https://www.ted.com/talks/simon\\_sinek\\_how\\_great\\_leaders\\_inspire\\_action?language=en](https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action?language=en)

### **Brene Brown, The Power of Vulnerability:**

[https://www.ted.com/talks/brene\\_brown\\_the\\_power\\_of\\_vulnerability?language=en](https://www.ted.com/talks/brene_brown_the_power_of_vulnerability?language=en)

### **Amy Cuddy, Your Body Language my Shape who you are:**

[https://www.ted.com/talks/amy\\_cuddy\\_your\\_body\\_language\\_my\\_shape\\_who\\_you\\_are?language=en](https://www.ted.com/talks/amy_cuddy_your_body_language_my_shape_who_you_are?language=en)

**Frank Warren, Half a Million Secrets:** [https://www.ted.com/talks/frank\\_warren\\_half\\_a\\_million\\_secrets](https://www.ted.com/talks/frank_warren_half_a_million_secrets)

### **Chimamanda Adichie, The Danger of a Single Story:**

[https://www.ted.com/talks/chimamanda\\_ngozi\\_adichie\\_the\\_danger\\_of\\_a\\_single\\_story?referrer=playlist-the\\_most\\_popular\\_talks\\_of\\_all#t-123338](https://www.ted.com/talks/chimamanda_ngozi_adichie_the_danger_of_a_single_story?referrer=playlist-the_most_popular_talks_of_all#t-123338)